

Isolation & Quarantine Guidelines

Isolation Guidance for Positive Cases

Isolation is for someone who has tests positive for COVID-19. **Cases must be isolated for a minimum of 10 days.** Day 0 is the day symptoms start, or if the individual is asymptomatic, it is the day the sample is collected for testing.



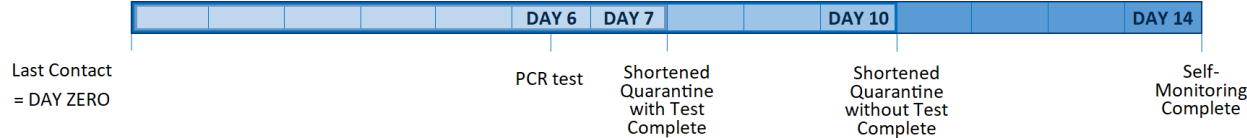
Quarantine Guidance for Close Contacts

Non-household Contact

Close contacts are those individuals who spent 10 consecutive minutes within six feet of someone who tested positive for COVID. Cases are considered contagious two days before and for at least ten days following symptom onset. *All close contacts should monitor for symptoms for 14 days following last contact with the infected individual.*

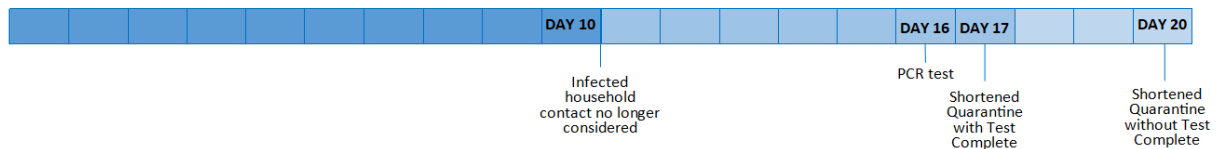
Non-household Close Contacts have three options for Quarantine:

- 1. **Modified Quarantine** - Continue attending school in person during quarantine time. Additional conditions: participate in daily antigen testing, wear a mask at all times except when eating or drinking, and stay six feet away from others. Outside of school, full quarantine rules apply.
- 2. **Shortened Quarantine with Testing** - Quarantine at home for **seven days**. If no symptoms develop, confirm negative COVID status with a PCR test on Day 6 or after. With a negative result, resume normal activities on Day 8.
- 3. **Shortened Quarantine without Testing** - Quarantine at home for **10 days**.



Household Contacts

Household close contacts must quarantine during the infected individual's isolation time and then *an additional* seven or 10 days as outlined in the options above for non-household contacts.



Household Contact Exception: If the individual who tests positive can isolate *within* the home - i.e. the positive individual stays in a completely separate part of the house, uses a bathroom designated only for them, does not enter rooms others will use later, etc. - household contacts who are no longer exposed may quarantine in accordance with the rules of non-household contacts outlined above.

Fully Vaccinated Close Contacts

Fully vaccinated contacts should get tested 3-5 days after their exposure, even if they are asymptomatic, and should wear a mask indoors in public for 14 days following exposure. If they test positive, they should isolate.